

New Year's –

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1<sup>st</sup> Draft February 27, 2019 – edited – cpl  
Make corrections and return please, ;)

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It is December 31st  
People have drinks to quench their thirst  
We have New Year's Eve celebration  
To commemorate this special occasion

People will be singing 'Old Lang Syne'  
And hope future will turn out fine  
Anxiously people wait for the clock to reach midnight  
Very soon a brand New Years in sight

When the clock strikes twelve  
People cheer, blow whistles and shout Happy New Year  
Of course, many may have New Year's resolutions  
Seems easier said than done, bring on frustration

Times square in New York City  
At 12 ball will descend with great rapidity  
Years ago, Old Dick Clark was MC  
Then M.C. (Miley Cyrus) quite recently sat on the ball  
Last year Mariah Carey (M.C.) came down  
She had much better equipment made you astound

Holidays are especially difficult On the mentally ill  
The worst of all New Year's; Seems a bitter pill  
Yes, resolutions Are made but before  
New Year's here resolutions are Broken with tears

Some may have a high goal  
Give up and addition that's takin' a toll  
Maybe drinking or smoking Lofty resolutions indeed  
Rarely people seem to succeed

Perhaps may try to change an attitude  
Or try to change the way we react  
Or hang in a different environment  
or be more positive

Behind every cloud is a silver lining  
Look to find it stop all the whining  
Take your share of the blame instead  
Of finger pointing at others

If you're caught in the same old rut  
You'll have to change some thing or continue to be stuck Ah!  
Admit your problem is above you  
Believe in a higher power than yourself

Put your faith in that Higher Power to help you survive  
If 50 things happen every time you do this  
Chances are it will become 500 out of 500  
Or a thousand out of a thousand

Something has to give  
So that you'll be able to manage to live happier

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s- Submitted by Mark Rockefeller, a client  
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