

## Memorial Day - May 31st

By Mark B. Rockefeller

The last of May in the "US of A"  
We honor those who died in a military way  
So that our freedoms would stay  
Alive to this Day.

The Military can be a very rough Life -  
Full of anguish, toil, and strife.  
It's been said, "War is Hell!"  
It may bring scars you can't foretell.

There are worst things than death.  
The USA Marine Handbook gives instruction  
That if you're captured and you don't want to be  
tortured,  
Here's the proper way to do it:

Depending on your Nation,  
if you are a captured spy:  
You pop these pills  
So no information they will pry.

The scars of war may be worse than physical death:  
Missing limbs, eyes, severe burns,  
Post Traumatic Stress, Depression, Quadra-palegia?  
Memorial Day remembers the physically dead  
Another way to die is inwardly, instead!

Broken hearts, shattered dreams,  
Crushed spirits, emotional deaths  
Life without purpose.  
Yes, alive, but dead!

It may not be in war  
But a terrible accident, or illness,  
Or a treacherous betrayal.  
You have to find a way to leave it behind you,  
Or the poison will fester within  
And ruin your life forever.

Anyone you haven't forgiven?



Three Limbs Left side soldier



Forgiving yourself!

The mentally ill may fight a war within,  
Suffer so much, be so misunderstood, stigmatized.  
Into each life a little rain might fall:  
Rain falls on the just and the unjust,  
Sooner or later life does it's number on us all!



Some of our Wounded Warriors  
Take up Fishing for therapy  
For psychological scars in Military.  
Some even take up hunting  
To keep them going!

If this is all there is the Cynic is right!  
Everyone gets shoved around by wealthy with might.  
You might as well "eat, drink and be merry,"  
For tomorrow will be a memory.  
We're captains of our own ship- grab for the Gusto;  
You can make that your manifesto!  
BUT  
Better get your Final Act together...  
For... there may very well be more hereafter.  
But ... [Don't Believe Me!]

-- Mark B. Rockefeller "B. For "Believer!"



Pit Bull Support for PTSD veteran.



I am the Resurrection and the Life - John 11:25

Mat 10:28 And do not fear those who kill the body but cannot kill the soul. But rather **fear Him who is able to destroy both soul and body in hell.**

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Mark can be reached by calling him at 978-888-7807. Please keep in mind his hearing is worsening. He is being assisted to try using email at [mrockefeller48@gmail.com](mailto:mrockefeller48@gmail.com) but his answer will be delayed and be through assistance only at this time.