

Overwhelmed and an Overcoming Obligation

Life for Americans is a mixture of Blessing and Cursing with Prosperity and Divisiveness and Sickness Abounding. How do we cope with it all?

You obviously need a personal relationship with your Creator to start, but that is no guarantee for a pain-free life, only a grace-filled one!

Meditate with me on Psalm 25 as we consider the most loved and tested OT King and Leader.

1. TRUST IN THE LORD WHEN YOU ARE OVERWHELMED!

O Lord, I lift up my soul. O my God, I trust in You; Let me not be ashamed; Let not my enemies triumph over me. Indeed, let no one who waits on You be ashamed; Let those be ashamed who deal treacherously without cause.

2. BE SENSITIVE TO GOD'S WAYS AND SUSTAIN YOUR PATIENCE!

Show me Your ways, O Lord ; Teach me Your paths. Lead me in Your truth and teach me, For You are the God of my salvation; On You I wait all the day. Remember, O Lord , Your tender mercies and Your lovingkindnesses, For they are from of old.

3. REMEMBER THE BLESSING OF FORGIVENESS!

Do not remember the sins of my youth, nor my transgressions; According to Your mercy remember me, For Your goodness' sake, O Lord. Good and upright is the Lord ; Therefore He teaches sinners in the way. The humble He guides in justice, And the humble He teaches His way. All the paths of the Lord are mercy and truth, To such as keep His covenant and His testimonies. For Your name's sake,

4. ASK FORGIVENESS FOR ANYTHING NOT FORGIVEN THEN EXPECT A SPIRITUAL PROSPERITY ANSWER.

O Lord , Pardon my iniquity, for it is great. Who is the man that fears the Lord ? Him shall He teach in the way He chooses. He himself shall dwell in prosperity, And his descendants shall inherit the earth. The secret of the Lord is with those who fear Him, And He will show them His covenant. My eyes are ever toward the Lord , For He shall pluck my feet

out of the net. Turn Yourself to me, and have mercy on me, For I am desolate and afflicted.

5. REMEMBER YOUR ENEMY'S POWER AND COMPARE FORGIVENESS' POWER TO REDEEM!

The troubles of my heart have enlarged; Bring me out of my distresses! Look on my affliction and my pain, And forgive all my sins. Consider my enemies, for they are many; And they hate me with cruel hatred. Keep my soul, and deliver me; Let me not be ashamed, for I put my trust in You. Let integrity and uprightness preserve me, For I wait for You. Redeem Israel, O God, Out of all their troubles!

Psalms 25:1-22 NKJV [<https://bible.com/bible/114/psa.25.1-22.NKJV>]

Riverside Health & Rehabilitation 2/2/20 2ab 2pm Service for Truth Baptist Church

Thanks for attending. Watch for next week the movie "To Kill a Mockingbird"

The Audio book on a video page: 8 hours whole one read.

<https://www.youtube.com/watch?v=NQJbEMoimVI&app=desktop>

And remember that February is Black American History month.

Preview of the month of February...

David Barton's America's Hidden History, Season One, Episodes Feb 9 and maybe 16

1 Black American Civil Rights Changed on that date! And Discussion. 1-2. Wks

Feb 16 or 23

2. The President's Day Hidden History and Discussion 1 wk
March 8 and maybe 15

3. David Barton's "Exceptional – America's Key to Greatness from the Declaration of Independence" 1-2 wks

Application: What Challenge are you facing this month?

In what way do you specifically plan to overcome and/or cope?

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Online see this PDF document at: <https://aprayernotebook.net/riverside/2020>